

Health Survey

Name:

Tel:

Address:

Postcode:

Please complete height & weight:

HEIGHT:

WEIGHT:

Have you had your cholesterol checked?

YES

NO

Do you smoke?

YES

NO

If yes, how many/day on average?

Do you drink alcohol?

YES

NO

If yes, how many units/week on average?

(one unit = 1/2 pint of beer, one standard spirit measure or one glass of wine)

Do you take exercise?

YES

NO

If yes, what type:

How many hours/day

How many days/week

Do you add salt to your food after cooking?

YES

NO

Have you suffered from:

a) Angina

YES

NO

b) Heart Attack

YES

NO

c) Stroke

YES

NO

d) Asthma

YES

NO

e) Sugar Diabetes

YES

NO

(If yes, do you take insulin)

YES

NO

FEMALES ONLY

Date of last breast exam:

Date of last cervical smear:

PAST MEDICAL HISTORY

Serious illnesses:

Operations:

Immunisations:

Hereditary disorders/family history:

Date of last tetanus vaccination:

DRUGS/TREATMENT

Please state any drugs or medication you are on at present:

Any other treatment:

Allergies/drug reactions:

NURSE/CSW TO COMPLETE THIS SECTION

Physical findings:

BP:

Urinalysis:

Sign:

Date: